



**Pocono Mountain East High School
Athletics, Clubs, & Activities**

All Club and Intramural programs strive to provide additional opportunities for students beyond the traditional school day, in areas such as academics, athletics, the arts, and citizenship/ community service endeavors. In addition to programs that have traditionally been offered to students at EHS, students have the opportunity to present ideas for new and exciting programs that may be of interest.

Aevidum

Aevidum is an organization that seeks to eliminate the stigma associated with mental illness. It is a student-led club whose goals are suicide prevention and to create a school climate where all students can feel accepted, appreciated, acknowledged, and cared for.

Advisor - Kyleen Newlander/Moniqua Santiago

Location - Room 121

Day(s) - Monday



Anime Club

Students participate in general anime-related activities such as reading manga, watching anime, drawing, cosplay, and other activities related to the art form.

Advisor – Dawn Hallenbeck

Location -204

Day(s) – Tuesday (2x monthly)



Black Student Union

The goal of this club is to provide students with an opportunity to engage in activities and discussions designed to help foster a better understanding of experiences and issues that impact African American students. This club is open to all students regardless of racial and/or cultural differences.

Advisor – Christina Bracey/Shana Kunkle

Location -222 or 219

Day(s) - Thursday



Broadway Bound

Do you love musicals? Do you like spending time with your friends? If so, Broadway Bound Club may be the club for you! This afterschool club will center around Theatrical Musicals! We will explore movies, songs, and scripts! In addition, we may have speakers who have worked on Broadway visit with us in person and/or virtually. We will also attend a show.

Advisor – Jacqueline Albrecht

Location – EJHS 234

Day(s) – Refer to announcements



Chess Team

The Chess Team competes annually through the Eastern Pennsylvania Conference & State & National Competitions from Nov.- Feb.

The PME Chess Team is a competitive program that competes against other schools and teams throughout the year.

Varsity Head Coach - Larry Bias

Location - 117

Day(s) – Monday - Thursday



Color Guard

A non-musical group that performs with the Marching Band, specializing in dance and movement. Join Google Classroom for more information. Must attend Spring practices to join for the Fall.

Google Classroom code: hc73aqy

www.tinyurl.com/pmemb2024

Advisor - Kyle Niskala

Location - Band Room & “C” Lot

Day(s) – Tuesday, Thursday, Friday



Concert Choir

The Concert Choir is a mixed male and female choir that is open to any student who wishes to sing in a group. Students perform three concerts a year and learn how to become better performers. This is a scheduled course, not after school activity.

Advisor - Trish Gladstone

Location - Room Chorus



Divisi Choir

Divisi Choir is an honors advanced choir that performs three concerts a year and several performances throughout the community. This group is open by audition only. Auditions are held at the end of each school year for the following year. This is a full-year academic course.

Advisor - Trish Gladstone

Location - Room Chorus



E Sports

Esports requires a tremendous amount of critical thinking, communication, collaboration, and creativity from players to achieve and sustain success. Esports at PMEHS currently meets every Thursday from 2:30 pm - 5:00 pm / 6:00 pm. We have over 40 students that participate weekly, for both leisure and competition. The student-athletes that participate in the competition teams must compete against each other to earn their seat. The best of the best then compete against other high schools & colleges. We belong to, and compete in, the Pennsylvania Scholastic Esports League (PSEL), the Pennsylvania Interscholastic Esports Association (PIEA), the High School Esports League (HSEL), and the PlayVS Esports League.

Advisors - Jessica Allshouse/Jason Anglada

Location - 248

Day(s) - Thursday



Elevate

Elevate is a magazine that highlights the positive events, programs, and people at East High School. Students gain experience in magazine digital journalism, writing, editing, photography, layout, and design. This is a full-year course, not a club.

Advisor - Heather Baldauff/Christina Bracey

Location - 239

Day(s) - Daily



EPIC – East Pride Initiative Committee

EPIC is a student driven club to create and develop activities and incentives to help spread PRIDE throughout East High School. EPIC works in collaboration with the staff PRIDE committee with creating a fun and involved atmosphere at EHS.

Advisor – Moniqua Santiago

Location – 235

Day(s) – Tuesday



FBLA

FBLA - Future Business Leaders of America - helps high school students prepare for careers in business through academic competitions, leadership development, and educational programs.

Advisor - Kimberly Cosgrove

Location - Room 214

Day(s) – Tuesday



Future Educators Club

The Future Educators Club provides a forum for students to become aware of career opportunities in education and nurtures their interest in teaching as a career. We hope to also provide an avenue for members to explore different forms of education.

Advisor – Sarah Garofalo

Location – Room 135

Day(s) – 2x Monthly Tue or Thu



Investment Club

The Investment Club aims to create a supportive and engaging environment where students can learn about investments, practice strategies, and compete in the realm of finance.

Advisor – Beth Bresser

Location - Library

Day(s) – Monday



Jazz Band

Open to students who want to further their playing abilities in the jazz idiom.

Advisor - Tim Eick

Location - Band Room

Day(s) – Tuesday, Thursday



Leo Club

Community service club affiliated with the Tannersville Lions Club.

Advisor - Johanna Weaver

Location - H100

Day(s) – 1st & 3rd Tuesday every month



Marching Band

The Marching band is a group of musicians who play instruments while marching, typically in a parade or at a sports event.

www.tinyurl.com/pmemb2024

Advisor - Tim Eick

Location - Band Room & “C” Lot

Day(s) – Tuesday, Thursday, Friday



Mindfulness Club

Mindfulness Club aims to offer students, faculty, and community a space of relaxation and attention training, as well as to make friends with people interested in contemplative practices.

Advisor – Bob Pagotto

Location – 128

Day(s) – Wednesday



Mock Trial

A Mock Trial is a competition in which students simulate a real trial. The trial concerns an official AMTA case that remains the same throughout the entire academic year. The case alternates between a civil and a criminal case every year.

Advisor – Jamie Hewitt

Location – H106

Day(s) – Monday, Tuesday, Wednesday



Model UN Club

In Model United Nations, students step into the shoes of world leaders and act as delegates to the United Nations, simulating UN committees, and working together to solve global challenges. They represent different countries, learn how to research, practice public speaking, have a ton of fun, and grow into confident student leaders who are prepared for college, internships, and their future careers.

Advisor – Kristy Snider

Location - 120

Day(s) - Wednesday



Musical

The spring musical performs three shows in March/April that showcase student's ability to act, dance, and sing. Students may join by audition only, auditions are held in October each year.

Advisor – Brandon Hanks-Cherry

Location - Auditorium

Day(s) - Check AM/PM Announcements



National Art Honor Society

We aid members in working toward the attainment of the highest standards in art areas and bring art education to the attention of the school and community.

Advisor - Dawn Hallenbeck/MaryKate Citera

Location - 204

Day(s) – Wednesday (2x monthly)



National English Honor Society

The National English Honor Society (NEHS), founded and sponsored by [Sigma Tau Delta](#), is the only international organization exclusively for secondary students and faculty who, in the field of English, merit special note for past and current accomplishments.

Advisor – TBD

Location –

Day(s) -



National French Honor Society

An academic club dedicated to the learning of and the enrichment of the French language and culture.

Advisor - Johanna Weaver

Location - Room H100

Day(s) – 1st & 3rd Tuesday every month



National German Honor Society

An academic club dedicated to the learning of and the enrichment of the German language and culture.

Advisor - Carol Tetrault

Location - Room H103

Day(s) - Members will be notified



National Honor Society

Academic service club- see the student handbook for more information.

Members of NHS demonstrate the four pillars of our organization: service, leadership, character, and academic excellence. NHS hosts the Poetry Out Loud recitation contest, Read Across Monroe book drive, Voter Registration drives, and much more!

Advisor - Allison Carpenter

Location - Room 232 or cafeteria

Day(s) – Monday & Tuesday



National Math Honor Society

You must complete 2 years of Math including Algebra and Geometry - must be enrolled in Algebra 2 or higher and the 3.0 converts to 88%.

Advisor – Kim Cosgrove

Location - 214

Day(s) – Tuesday



National Psychology Honor Society

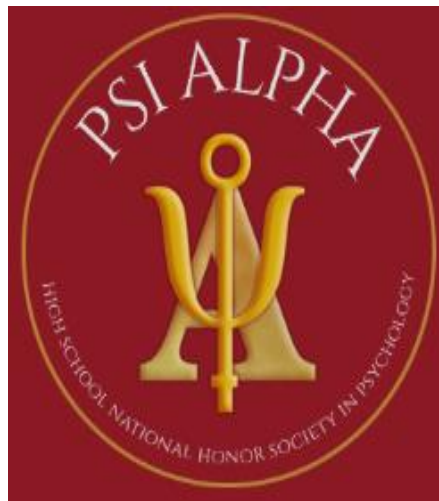
Psi Alpha

Psi Alpha is the APA's high school psychology honor society. We do activities related to psychology and mental health.

Advisor - Robert Pagotto

Location - Room 128

Day(s) - Tuesday



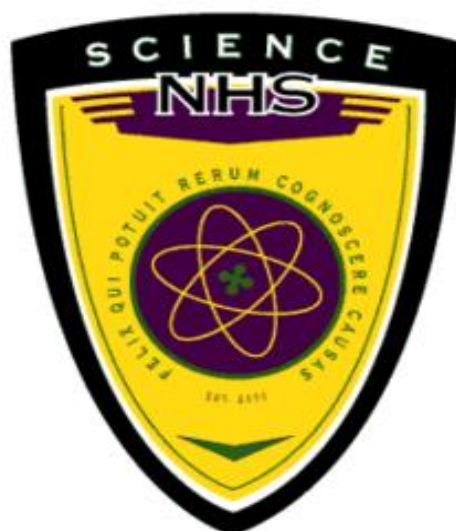
National Science Honor Society

Taking the best of our science students, we help spread a love of science through community service.

Advisor - TBD

Location -

Day(s) –



National Spanish Honor Society

Sociedad Honoraria Hispania

Spanish Honor Society promotes Spanish language learning. Spanish students will provide tutoring help to other Spanish students. We will have a community service component/volunteer. We also will do fun activities related to Spanish culture.

Advisor - Michelle Bruzzese

Location – JH243 or 250

Day(s) - Thursday



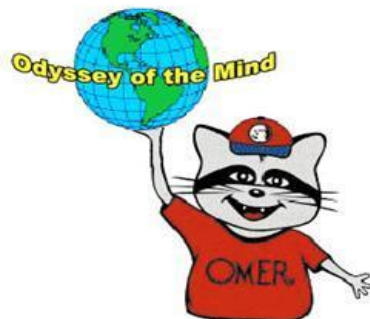
Odyssey of the Mind

An international problem-solving competition. Participants work with up to seven team members to find creative solutions to the problem they choose. Teams participate in a regional competition, with the top teams moving on to a state competition. Teams who place first or second at the state competition advance to the World Finals in May. Those who have musical talent, artistic ability, building skills, or can act are encouraged to join.

Advisor – Chelsea Straub

Location - 111

Day(s) – check announcements



Peer Support

Peer Support is part of the Sociology/Peer Support class. We help with building-wide events. We give tours to new students. We assist teachers with their classes, and we serve as mentors to students at SIS.

Advisor - Michelle Belavitz & Robert Pagotto

Location - Room 128



PJAS - Pennsylvania Junior Academy of Science

Students research a problem, conduct experiments, and present findings to a board of judges in local and statewide competitions.

Advisor – Melissa Moran

Location - 115

Day(s) – check announcements



Reading Competition

If you like to read, this is the team to join! Being a member of this group does not require much more than reading a good book. All you must do is remember a bit of what you read to answer questions about the books.

Advisor - Beth Bresser

Location - Library

Day(s) - Monthly (see announcements)



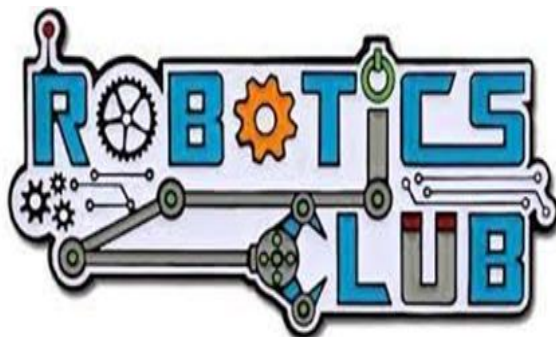
Robotics

Work together to design, build, and program a robot. Students interested in STEAM, coding, problem-solving, or just wanting to be part of a team are encouraged to join. Experience in motors or coding is a plus, but not required.

Advisor - Kyle Miscavage

Location – 247

Day(s) - Tuesday



SADD - Students Against Destructive **Decisions**

SADD is a club that educates and empowers students. "We aim to prevent accidents from students who potentially make destructive decisions through education and example."

Advisor - Irene Chowdhury

Location - 245

Day(s) - Thursday



Scholastic Scrimmage

It's answering questions on about anything like Jeopardy. We use a buzzer system as well. Scholastic Scrimmage competes through the EPC from Oct. to Nov. They have a regional competition in the Spring.

Advisor - Melissa DeFazio

Location - Room 230

Day(s) - Monday



Science Olympiad

A group of 15 students compete against other schools in a series of 23 events in every field of science. Science Olympiad travels to colleges and high schools around the state to compete.

Advisor - Keith Walters

Location - 249

Day(s) – Monday & Wednesday



SGA - Student Government Association

SGA is made up of elected student officers and general members who like to be a part of organizing, promoting, and implementing school-sponsored events. SGA works collaboratively with administration, faculty, staff, and other student organizations to create a positive atmosphere within the education setting. SGA holds various fundraisers throughout the year that benefit the student body as a whole, the local community, and national organizations/causes. Members of the SGA look to promote school spirit and offer activities and events, both during and outside the school day, to give students a well-rounded educational experience.

Advisor - Jessica Allshouse /Melissa DeFazio

Location – 136 & 230

Day(s) - Tuesday, Wednesday, Thursday



Show Choir

Show Choir is a musical ensemble that combines choral singing with a choreographed dance, often singing popular or vocal jazz music. Admission is by audition only and you must be in choir to participate. Auditions are held in May for the following year.

Advisor - Trish Gladstone

Location - Auditorium

Day(s) - Monday



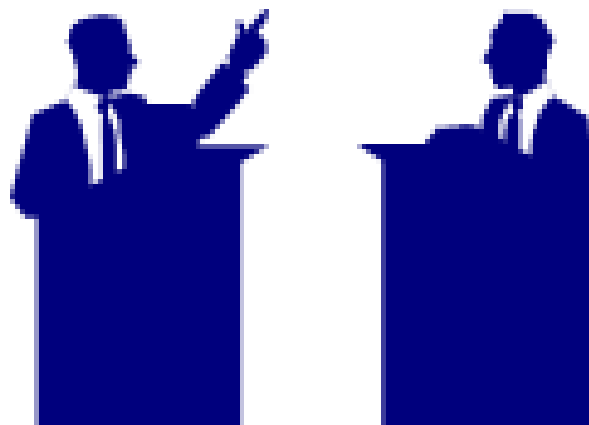
Speech & Debate

Students compete against high schools in the EPC in competitive public speaking. Students write arguments in the affirmative and negative regarding the National Policy Debate resolution. Then the students debate against other teams in groups of up to 4 people.

Advisor – Amy Martin

Location - 126

Day(s) – Monday & Wednesday



Step/Dance Team

The step/dance team combines step and dance. Commitment and hard work are necessary. The team performs during half-time at home basketball games. Practice is mandatory; there are no excuses.

Advisor - Shana Kunkle

Location – 119/Cafeteria

Day(s) - Wednesday



Tri-M Music Honor Society

The Tri-M Music Honor Society is a club for students displaying high academic, behavioral, and leadership qualities in the music department. Students complete service hours and assist with various music department events throughout the year. Students must be in band or chorus for entry.

Advisor - Trish Gladstone

Location -Chorus Room

Day(s) – Last Wednesday of the month



Tri-M Music
HONOR SOCIETY

TV Studio/Morning Announcements

Produce and broadcast morning announcements

Advisor - David Orehotsky

Location - Room TV Studio

Day(s) – Monday - Friday



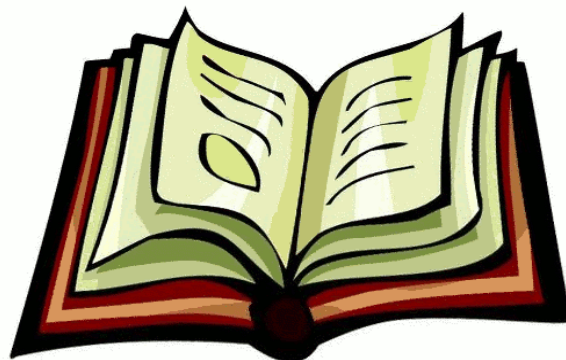
Yearbook

Yearbook Publishing I and II are offered as elective classes for students in grades 10-12. Students who wish to participate in the class should schedule it for the previous school year. Applications are required and are made available by Dr. Bracey and the guidance office staff. We meet daily during the school day.

Advisor - Dr. Bracey

Location - Room 222

Day(s) – during period 3



Athletics

A physical is only needed when you are in season for the sport. Intramurals and conditioning do not require a physical. We offer free physicals three times a year. Fall, Winter, and Spring Athletes must register online through Family ID (www.familyid.com)

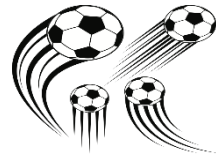
Athletic Director – Ms. Jessica Johnson
jjohnson@pmsd.org

Asst. Athletic Director – Mr. Gerry Greeley ggreeley@pmsd.org

Fall Sports



Boys Soccer



Cheerleading

Cross Country



Field Hockey



Football

Girls Soccer



Girls Tennis



Girls Volleyball



Golf



Winter Sports



Boys Basketball

Competitive Spirit

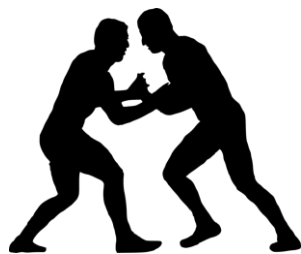
Girls Basketball



Swimming



Boys/Girls Wrestling



Spring Sports



Baseball

Boys Tennis



Boys Volleyball

Softball



Track & Field



